



## Important information for trainees

People assessed as competent in this unit standard are able to:

- Explain and outline the characteristics of dementia.
- Explain and outline the characteristics of person-centred care for people living with dementia.
- Explain and outline the characteristics of communication with people living with dementia.

## Special notes

1 The performance of all elements of this unit standard must comply with any relevant cultural or legislative requirements including the rights and responsibilities of people receiving services or supports as outlined in the:

- a Health and Disability Commissioner (The Code of Health and Disability Services Consumers' Rights) Regulation 1996
- b SNZ HB 8134.1: 2001 Health and Disability Sector Standards (Residential) Audit Workbook
- c Ministry of Health, Health and Disability Safety Standards 2004
- d SNZ HB 8134.5: 2005 Health and Disability Sector Standards – Proposed Audit Workbook and Guidance for Residential Services for People with Dementia
- e SNZ HB 8163: 2005 Indicators for Safe Aged-Care and Dementia-Care for Consumers
- f SNZ HB 8134.6: 2006 Best Practice Guidance for Community Services for People with Dementia and Proposed Audit Workbook
- g Protection of Personal and Property Rights Act 1988

2 The performance of all elements of this unit standard must accord with the philosophy of person-centred care (see definition below). Examples of person-centred care include the models that are described in the following references: Kitwood, Tom, Discover the person

not the disease (1993) *Journal of Dementia Care* Vol 1, Issue 1, pp 16-17; T.M. Kirkwood and Sue Benson (eds.), *The New Culture of Dementia Care*. (London: Hawker Publications, 1995).

3 In this sector, support given to a person should be given in a manner that maximises the independence of that person. Support must be appropriate to the needs of the person and utilise existing strengths and, wherever possible, optimise the use of the local community. Performance of the elements of this unit standard must fit within these broad parameters.

4 Definitions:

- a **Dementia** is a term that covers a group of different illnesses with a progressive and irreversible loss of mental functioning resulting in decline of the person's ability to think, reason and remember. A feature of dementia is the individual and changing nature of the cognitive, functional, behavioural and psychological effects that occur.
- b **Person-centred care** is care that focuses on relationships, communication and individuality of the person living with dementia. It also focuses on the needs, feelings and abilities that are retained by the person living with dementia.
- c **Organisation's policies and procedures** are the policies and procedures of the employing organisation of the employee, and include ethical codes, standards and requirements of any other organisations involved.
- d **A communication partner** is a person who the person living with dementia prefers to communicate with. This may be a spouse, family/whānau member, staff member or friend.
- e **Validation** is a method used to acknowledge the reality that the person living with dementia is in at that moment; engaging with the person in that reality; then moving the person gradually towards something related to that reality in his/her present situation.

## References

- Careerforce workbook – 23920 V1  
Demonstrate knowledge of dementia, person-centred care and communication for a person living with dementia.
- Organisation's policies and procedures.

## This trainee assessment portfolio contains

- Important information.
- Assessment tasks.
- Feedback form.
- Assessment record sheet.

## Instructions

- Attach all written material to this trainee assessment portfolio.
- Read through the checklists for the workplace verification tasks; if you can confidently tick all the boxes then you are ready to be assessed.

- Your performance of the activities needs to be completed in a professional manner which shows the assessor/verifier that you have a full understanding of all that is involved. The assessor/verifier may require you to perform the tasks on more than one occasion to ensure that you have demonstrated sufficiency of performance.
- Please give this trainee assessment portfolio to your assessor so feedback and comments can be provided.
- On completion the results will be processed and sent to Careerforce for registering on the National Qualifications Framework.
- Should you require assistance with any aspect of the assessment, please discuss this with your assessor.

## Overview of assessment

Activity	Description	Unit Standard
Assessment tasks Task One (Blue)	Explaining and outlining the characteristics of: dementia, person-centred care for people living with dementia, and communication with people living with dementia.	Element 1 Element 2 Element 3

# Written or oral assessment tasks

Task One – Explaining and outlining the characteristics of:

- Dementia.
- Person-centred care for people living with dementia.
- Communication with people living with dementia.

Your answers may be made orally or in writing. Where responses are made orally the assessor must make notes of the answers to all questions.

## 1 Defining dementia and distinguishing it from the normal ageing process (1.1)

For each of the items in the following table you are required to:

- Explain what the item means.
- Explain how the item impacts on the development of dementia.
- Show how this impact differs from the normal ageing process of the brain.

Your response to each of the items needs to be detailed.

If the use of a diagram would support your response, please ensure that it is clear and well-labelled.

Loss of nerve cells	<b>Explain what is meant by “loss of nerve cells”.</b>
	<b>How does this impact on the development of dementia?</b>
	<b>How does this differ from the normal ageing process of the brain?</b>

Slower reactions and decisions	<b>Explain what is meant by “slower reactions and decisions”.</b>
	<b>How does this impact on the development of dementia?</b>
	<b>How does this differ from the normal ageing process of the brain?</b>
Memory changes	<b>Explain what is meant by “memory changes”.</b>
	<b>How does this impact on the development of dementia?</b>
	<b>How does this differ from the normal ageing process of the brain?</b>

Plaques and tangles

**Explain what is meant by “plaques and tangles”.**

**Plaques**

**Tangles**

**How does this impact on the development of dementia?**

**How does this differ from the normal ageing process of the brain?**

## 2 The impact of the effects of dementia on daily living (1.2)

For each of the items listed, you are required to detail at least two impacts on the daily living of the person affected by dementia. These answers may be given in writing or orally.

Two impacts must be given for each effect.

Effect	Impacts on daily living
Cognitive effects	
Functional effects	
Behavioural effects	
Psychological effects	

### 3 Outlining risk factors for developing dementia (1.3)

Identify three risk factors for developing dementia. These answers may be given in writing or orally. For each of the factors you name, identify why this is a risk for developing dementia.

Factor	What is the risk to a person?
1	
2	
3	

#### 4 Describing types of dementia (1.4)

Describe in writing or orally three types of dementia which must include:

- Alzheimer's disease.
- Vascular dementia.
- Plus one other type of dementia.

Describe the main characteristics associated with each type of dementia.

Type of dementia by name	What are the characteristics of this type of dementia?
Alzheimer's disease (Required)	
Vascular dementia (Multi-infarct dementia) (Required)	
Other type of dementia (please identify)	

## 5 Defining delirium, depression and dementia and explaining how dementia differs from delirium and depression (1.5)

You must give two main characteristics for each definition, and give two examples of how this condition differs from dementia.

Complete the boxes below in writing or orally in your own words.

Definition	Main characteristics	Differences from dementia
Delirium		



## 6 Explaining the key characteristics of person-centred care (2.1)

Explain each of the characteristics associated with person-centred care for a person living with dementia by completing the table in writing or providing oral answers.

Characteristic	What does this characteristic mean for person-centred care?
Relationships	
Communication	
Individuality	
Feelings	
Abilities retained	
Needs of the person with dementia	

## 7 Explaining what is meant by the holistic wellbeing of, and the importance of meaningful activity for, a person living with dementia (2.2, 2.3)

Answer the two questions below in writing or orally, in your own words.

How does person-centred care promote the holistic wellbeing of each person living with dementia? (Consider the individual.)

What is the importance of meaningful activity for each person living with dementia?

## 8 Explaining the characteristics of communication with people living with dementia (3.1)

Explain in writing or orally five methods people living with dementia use to communicate with others.

Verbal communication	
Vocalisation	
Gestures	
Communication aids	
Body language	
Other methods	

## 9 Explaining possible barriers that might exist when attempting to communicate with people living with dementia (3.2)

A number of barriers which might exist in communication between people living with dementia and others, are listed.

Explain how each barrier might impact on communication. Your answers may be given in writing or orally.

Sensory losses	
Communication partner	
Health status	
Environment	
Culture	
Age and agenda	
Reverting to original language	
Expressive and receptive communication problems	
Other	

## 10 Explaining techniques used to enhance communication with people living with dementia (3.3)

Explain techniques which can be used to enhance communication for people living with dementia by completing the boxes for each area in writing or orally. You must list at least one technique beside each box.

Communication partner	
Environment	
Verbal and non-verbal	
Singing	
Music	
Activities	
Communication aids	
Other	

Trainee performance (completed by your assessor)			
Task One	Date	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit
Reassessment	Date	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit
Comments			

## Assessor confirmation form

I confirm that \_\_\_\_\_  
 (the trainee) has met the requirements to achieve competency for:

Task One – Explaining and outlining the characteristics of:

- Dementia.
- Person-centred care for people living with dementia.
- Communication with people living with dementia.

Assessor Name	Assessor Number
Signature	Date



# 23920 V1 – Demonstrate knowledge of dementia, person-centred care and communication for a person living with dementia

Level 4 Credits 6

## Assessment record sheet

Trainee information			
Name			
Employer			
NZQA/NSI number (ROL)		Date of birth	

Trainee statement of authenticity			
I hereby state that the evidence submitted for assessment is my own work.			
Signature		Date	

Trainee performance summary (completed by assessor)			
<b>Assessment tasks</b>			
Task One		<input type="checkbox"/> No credit	<input type="checkbox"/> Credit
Reassessment		<input type="checkbox"/> No credit	<input type="checkbox"/> Credit

Comments/feedback to trainee			

Assessment result (completed by assessor)			
I have assessed the trainee and confirm:			
<input type="checkbox"/> The requirements have been met to demonstrate competency in 23920 V1.			
<input type="checkbox"/> Further evidence is required to demonstrate competency.			
Name		Assessor number	
Signed		Date	

On completion of the unit standard one copy of this assessment record sheet must be given to the trainee for his/her records and another copy sent to Careerforce so the credit can be registered on the NQF.

# 23920 V1 – Demonstrate knowledge of dementia, person-centred care and communication for a person living with dementia

## Feedback form

**Please help us to improve our trainee assessment portfolio.**

Careerforce is always keen to review its materials to improve the quality of the learning experience. You can help us by telling us what you think of this assessment portfolio and by offering suggestions on ways it can be improved.

When you have answered the questions, please send this page to:

Quality Assurance Manager  
Careerforce Ltd.  
www.cssito.org.nz  
PO Box 25 255  
Christchurch  
Fax (03) 371 9285

What I liked most about the portfolio and why?

What I liked least about the portfolio and why?

Please give your rating of the following topics by ticking the relevant yes, no, or maybe boxes.

Topics or aspects of the content of this document	Yes	Maybe	No
Assessment record sheet is useful.			
Assessment questions are easy to understand.			
The assessment portfolio is well laid out and easy to follow.			

Additional comments

Contact details (optional)

Name	Organisation
Telephone	Email

Quality Assurance Manager  
Careerforce Ltd  
PO Box 25 255  
Christchurch 8144

Quality Assurance Manager  
Careerforce Ltd  
PO Box 25 255  
Christchurch 8144