

Demonstrate knowledge of effects of dementia and how to manage them, for those caring for a person living with dementia

Trainee assessment portfolio

23922 V1 Level 4 Credits 4

Trainee name _____

NZQA number

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Important information for trainees

People assessed as competent in this unit standard are able to:

- Identify and explain the potential effects of providing care on those caring for a person living with dementia.
- Manage the effects of providing care for a person living with dementia.
- Outline support and advocacy services for family/whānau of a person living with dementia.
- Outline support and advocacy services for support workers providing care for people living with dementia.

Special notes

- 1 The performance of all elements of this unit standard must comply with any relevant cultural or legislative requirements including the rights and responsibilities of people receiving services or supports as outlined in the:
 - a Health and Disability Commissioner (The Code of Health and Disability Services Consumers' Rights) Regulation 1996
 - b SNZ HB 8134.1 2001 Health and Disability Sector Standards (Residential) Audit Workbook
 - c Ministry of Health, Health and Disability Safety Standards 2004
 - d SNZ HB 8134.5 2005 Health and Disability Sector Standards – Proposed Audit Workbook and Guidance for Residential Services for People with Dementia
 - e SNZ HB 8163: 2005 Indicators for Safe Aged-Care and Dementia-Care for Consumers
- 2 In this sector, support given to a person should be given in a manner that maximises the independence of that person. Support must be appropriate to the needs of the person and utilise existing strengths and, wherever possible, optimise the use of the local community. Performance of the elements of this unit standard must fit within these broad parameters.
- 3 Definitions
 - a **Dementia** is a term that covers a group of different illnesses with a progressive and irreversible loss of mental functioning resulting in decline of the person's ability to think, reason and remember. A feature of dementia is the individual and changing nature of the cognitive, functional, behavioural and psychological effects that occur.
 - b **Personal losses** in the context of this unit standard are loss of finance, occupation, future, hobbies, relationships, health and freedom.
 - c **Organisation's policies and procedures** are the policies and procedures of the employing organisation of the employee and include ethical codes, standards, and requirements of any other organisations involved.
- 4 This unit standard can be assessed against in a simulated environment. Assessment can be based on a case study, on actual people, or on a combination of the two.
 - f SNZ HB 8164.6: 2006 Best Practice Guidance for Community Services for People with Dementia and Proposed Audit Workbook

References

- Careerforce workbook – 23922 V1 Demonstrate knowledge of effects of dementia and how to manage them, for those caring for a person living with dementia.
- Organisation’s policies and procedures.

This trainee assessment portfolio contains

- Important information.
- Assessment tasks.
- Feedback form.
- Assessment record sheet.

Instructions

- Attach all written material to this trainee assessment portfolio.

- Your performance of the activities needs to be completed in a professional manner which shows the assessor that you have a full understanding of all that is involved. The assessor may require you to perform the tasks on more than one occasion to ensure that you have demonstrated sufficiency of performance.
- Please give this trainee assessment portfolio to your assessor so feedback and comments can be provided.
- On completion the results will be processed and sent to Careerforce for registering on the National Qualifications Framework.
- Should you require assistance with any aspect of the assessment, please discuss this with your assessor.

Overview of assessment

Activity	Description	Unit Standard
Assessment Tasks (Blue)	Identifying and explaining the potential effects of providing care on those who care for a person living with dementia.	Element 1
	Managing the effects of providing care for a person living with dementia.	Element 2
	Outlining the support and advocacy services available to family/whānau of a person living with dementia.	Element 3
	Outlining the support and advocacy services for support workers providing care for people living with dementia.	Element 4

Written or oral assessment tasks

Task One – Demonstrate knowledge of effects of dementia and how to manage them, for those caring for a person living with dementia.

1 Identifying and explaining the potential effects on family/whānau and support workers who are caring for a person living with dementia(1.1, 1.2)

Complete the following columns. Choose four of the potential effects identified and explain at least one impact that these effects might have on family/whānau and at least one impact that these effects might have on support workers.

This task can be completed orally or in writing. If the task is completed orally, the assessor must make and retain a brief record of what was said for moderation purposes.

Potential effects	Impact this might have on family/whānau	Impact this might have on a support worker
Stress		
Burnout		
Personal losses		

Potential effects	Impact this might have on family/whānau	Impact this might have on a support worker
Abuse		
Role changes		
Increased knowledge		
Increased awareness and skills		

Task Two – Managing the effects of providing care for a person living with dementia.

2 Describing coping strategies and managing the effects of providing care for a person living with dementia (2.1)

Choose three of the following coping strategies and describe how you could apply/have applied these strategies to help you manage the effects of providing care for a person living with dementia. You may choose an actual person who you support, or base your answers on a case study of a person living with dementia. Ensure that the strategies are in accordance with your organisation’s policies and procedures.

This task can be completed orally or in writing. If the task is completed orally, the assessor must make and retain a brief record of what was said for moderation purposes.

Coping strategies	How these strategies can be applied
Stress management	
Taking time out	

Coping strategies	How these strategies can be applied
Debriefing	
Self-advocacy	

Task Three – Outlining support and advocacy services for family/whānau and support workers caring for a person living with dementia.

3 Identifying services, describing how services are accessed, and stating for whom the services are provided (3.1, 3.2, 4.1, 4.2)

Local and national support and advocacy services are available for family/whānau and support workers who care for a person living with dementia. Some of these services are available to both groups of caregivers.

Complete the columns below by identifying:

- What the stated service provides to either family/whānau or a support worker.
- How that service can be accessed, for example by a personal visit to an office, or through a website or via the telephone.
- Whether the service is provided for family/whānau or for a support worker. (Where both would find the service useful, you may tick both boxes.)

Four of the services you select must provide support for family/whānau, and four of the services you select must provide support for a support worker.

Service	Service provided	How the service is accessed	Service available for
Alzheimer's New Zealand			Family/ Whānau <input type="checkbox"/> Support worker <input type="checkbox"/>
Age Concern			Family/ Whānau <input type="checkbox"/> Support worker <input type="checkbox"/>

Service	Service provided	How the service is accessed	Service available for
Disability Information Services			Family/ Whānau <input type="checkbox"/> Support worker <input type="checkbox"/>
Citizens' Advice Bureau			Family/ Whānau <input type="checkbox"/> Support worker <input type="checkbox"/>
Work and Income New Zealand (WINZ)			Family/ Whānau <input type="checkbox"/> Support worker <input type="checkbox"/>

Service	Service provided	How the service is accessed	Service available for
Health and Disability Commissioner			Family/ Whānau <input type="checkbox"/> Support worker <input type="checkbox"/>
Dementia Day Care			Family/ Whānau <input type="checkbox"/> Support worker <input type="checkbox"/>
Advocacy Network			Family/ Whānau <input type="checkbox"/> Support worker <input type="checkbox"/>

Service	Service provided	How the service is accessed	Service available for
Union or Professional Organisation			Family/ Whānau <input type="checkbox"/> Support worker <input type="checkbox"/>

This checklist must be completed by the Assessor/Verifier

Task	Tick when competent
1 Identifying and explaining the potential effects on family/whānau and support workers who are caring for a person living with dementia (1.1, 1.2)	<input type="checkbox"/>
2 Describing coping strategies and managing the effects of providing care for a person living with dementia (2.1)	<input type="checkbox"/>
3 Identifying services, describing how services are accessed, and stating for whom the services are provided (3.1, 3.2, 4.1, 4.2)	<input type="checkbox"/>

Assessor/Verifier confirmation form

I confirm that _____
(the trainee) completed the requirements to demonstrate competency in the assessment tasks.

Assessor Name	Assessor Number
Signature	Date
Verifier Name	
Signature	Date

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Level 4 Credits 4

Assessment record sheet

Trainee information			
Name			
Employer			
NZQA/NSI number (ROL)		Date of birth	
Trainee statement of authenticity			
I hereby state that the evidence submitted for assessment is my own work.			
Signature		Date	
Trainee performance summary (completed by assessor)			
Assessment tasks			
Task One	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit	
Task Two	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit	
Task Three	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit	
Reassessment	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit	
Comments/feedback to trainee			
Assessment result (completed by assessor)			
I have assessed the trainee and confirm:			
<input type="checkbox"/> The requirements have been met to demonstrate competency in 23922 V1.			
<input type="checkbox"/> Further evidence is required to demonstrate competency.			
Name	Assessor number		
Signed	Date		

On completion of the unit standard one copy of this assessment record sheet must be given to the trainee for his/her records and another copy sent to Careerforce so the credit can be registered on the NQF.

Quality Assurance Manager
Careerforce Ltd
PO Box 25 255
Christchurch 8144

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Feedback form

Please help us to improve our trainee assessment portfolio.

Careerforce is always keen to review its materials to improve the quality of the learning experience. You can help us by telling us what you think of this assessment portfolio and by offering suggestions on ways it can be improved.

When you have answered the questions, please send this page to:

Quality Assurance Manager
Careerforce Ltd.
www.cssito.org.nz
PO Box 25 255
Christchurch
Fax (03) 371 9285

What I liked most about the portfolio and why?

What I liked least about the portfolio and why?

Please give your rating of the following topics by ticking the relevant yes, no, or maybe boxes.

Topics or aspects of the content of this document	Yes	Maybe	No
Assessment record sheet is useful.			
Assessment questions are easy to understand.			
Verification tasks are appropriate.			
The assessment portfolio is well laid out and easy to follow.			

Additional comments

Contact details (optional)

Name	Organisation
Telephone	Email

Quality Assurance Manager
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