

Demonstrate knowledge of support for people living with dementia when their behaviour presents challenges

Trainee assessment portfolio

23923 V1 Level 4 Credits 4

Trainee name _____

NZQA number

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Important information for trainees

People assessed as competent in this unit standard are able to:

- Explain the nature of behaviour that may be challenging for the person providing support.
- Outline the National Standard for Restraint Minimisation and Safe Practice.

Special notes

- 1 The performance of all elements of this unit standard must comply with any relevant cultural or legislative requirements including the rights and responsibilities of people receiving services or supports as outlined in the:
 - a Health and Disability Commissioner (The Code of Health and Disability Services Consumers' Rights) Regulation 1996
 - b SNZ HB 8134.1 2001 Health and Disability Sector Standards (Residential) Audit Workbook
 - c SNZ HB 8134.5 2005 Health and Disability Sector Standards Proposed Audit Workbook and Guidance for Residential Services for People with Dementia
 - d SNZ HB 8163:2005 Indicators for Safe Aged-Care and Dementia-Care for Consumers
 - e SNZ HB 8134.6:2006 Best Practice Guidance for Community Services for People with Dementia and Proposed Audit Workbook
 - f NZS HB 8141:2001 Restraint Minimization and Safe Practice
 - g Protection of Personal and Property Rights Act 1988
- 2 The performance of all elements of this unit standard must accord with the philosophy of person-centred care (see definition below). Examples of person-centred care include the models that are described in the following references: Kitwood, Tom. Discover the person not the disease (1993) *Journal of Dementia Care* Vol 1, Issue 1, pp 16-17; T.M. Kirkwood and Sue Benson (eds.). *The New Culture of Dementia Care*. (London: Hawker Publications, 1995).
- 3 In this sector, support given to a person should be given in a manner that maximises the independence of that person. Support must be appropriate to the needs of the person and utilise existing strengths and, wherever possible, optimise the use of the local community. Performance of the elements of this unit standard must fit within these broad parameters.
- 4 Definitions
 - a **Dementia** is a term that covers a group of different illnesses with a progressive and irreversible loss of mental functioning resulting in decline of the person's ability to think, reason and remember. A feature of dementia is the individual and changing nature of the cognitive, functional, behavioural and psychological effects that occur.
 - b **Enablers** refers to the voluntary use of equipment by a person to assist that person in maintaining independence (SNZ 8141:2001).
 - c **Personal restraint** refers to service providers physically holding a person.
 - d **Person-centred care** is care that focuses on relationships, communication and individuality of the person with dementia. It also focuses on the needs, feelings and abilities that are retained by the person with dementia.
 - e **Organisation's policies and procedures** are the policies and procedures of the employing organisation of the employee and include ethical codes, standards, and requirements of any other organisations involved.
 - f **National standard** refers to NZS HB 8141:2001 Restraint Minimization and Safe Practice.

References

- Careerforce workbook – 23923 V1
Demonstrate knowledge of support for people living with dementia when their behaviour presents challenges.
- Organisation’s policies and procedures.

This trainee assessment portfolio contains

- Important information.
- Assessment tasks.
- Feedback form.
- Assessment record sheet.

Instructions

- Attach all written material to this trainee assessment portfolio.

- Your performance of the activities needs to be completed in a professional manner which shows the assessor that you have a full understanding of all that is involved. The assessor may require you to perform the tasks on more than one occasion to ensure that you have demonstrated sufficiency of performance.
- Please give this trainee assessment portfolio to your assessor so feedback and comments can be provided.
- On completion the results will be processed and sent to Careerforce for registering on the National Qualifications Framework.
- Should you require assistance with any aspect of the assessment, please discuss this with your assessor.

Overview of assessment

Activity	Description	Unit Standard
Assessment Tasks	Explaining the nature of the challenging behaviour for the person providing support.	Element 1
Task One (Blue)	Outlining the National Standard for Restraint Minimisation and Safe Practice.	Element 2

Written or oral assessment tasks

Task One – Explaining the nature of the behaviour that may be challenging for the person providing support, and outlining the National Standard for Restraint Minimisation and Safe Practice.

1 Identifying the nature of behaviour patterns that may be challenging for the person providing support (1.1, 1.2 and 1.3)

The following table lists a range of behaviour patterns that may be challenging for the person providing support for a person living with dementia.

You are required to select four behaviour patterns from the table and provide a written or oral description of the main characteristics of each behaviour pattern.

You are also required to describe two possible triggers for each behaviour pattern you have chosen.

Describe at least two possible strategies to positively manage each behaviour pattern you have chosen. These strategies include:

- Behavioural strategies (diversion)
- Individualised Service Delivery Plans
- Safe social and physical environment
- Individualised activity plans
- Avoidance of triggers
- Time-out
- Communication techniques
- Staff education and training
- Debriefing
- Stress management

Ensure that you have described no fewer than eight different strategies in total for this task.

If the task is completed orally, the assessor must make and retain a brief record of what was said for moderation purposes.

Behaviour pattern	Describe the main characteristics of the behaviour	What might trigger and influence these behaviour patterns?	How might you positively manage these behaviour patterns?
Repetitive behaviour			

Behaviour pattern	Describe the main characteristics of the behaviour	What might trigger and influence these behaviour patterns?	How might you positively manage these behaviour patterns?
Aggressive behaviour			
Wandering			
Sundowning			

Behaviour pattern	Describe the main characteristics of the behaviour	What might trigger and influence these behaviour patterns?	How might you positively manage these behaviour patterns?
Rummaging			
Hoarding			
Catastrophic reactions			

2 Outlining restraint minimisation and safe practice (2.1, 2.2 and 2.3)

Describe in writing or orally, what is meant by each of the following categories of restraint from the National Standard for Restraint Minimisation and Safe Practice.

If the task is completed orally, the assessor must make and retain a brief record of what was said for moderation purposes.

Categories of restraint	Description of the restraint (what is involved)
Personal restraint	
Physical restraint	
Environmental	
Enablers (e.g. bedside frame)	

**Describe in writing or orally, the rights of the person living with dementia while being restrained.
If the task is completed orally, the assessor must make and retain a brief record of what was said
for moderation purposes.**

Right	Description of that right (what is involved)
Dignity	
Privacy	
Support	

Right	Description of that right (what is involved)
Communication	
Safety	
Other	

Describe in writing or orally your organisation's policies and procedures about restraint minimisation and safe practice that accord with the national standard.

If the task is completed orally, the assessor must make and retain a brief record of what was said for moderation purposes.

It may be possible for you to attach a copy of your organisation's policies and procedures to this assessment as evidence to support your statements below.

Step in the National Standard	Organisation's policies and procedures and how these relate to the National Standard
Approval process	
Documentation	
Assessment	

Step in the National Standard	Organisation's policies and procedures and how these relate to the National Standard
Informed consent	
Planning	
Care and monitoring requirements	
Reporting and recording	

Step in the National Standard	Organisation's policies and procedures and how these relate to the National Standard
Evaluation and review	
Other	

Assessor confirmation form

I confirm that _____
 (the trainee) completed the requirements to demonstrate competency in the assessment tasks.

Assessor Name	Assessor Number
Signature	Date

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Level 4 Credits 4

Assessment record sheet

Trainee information			
Name			
Employer			
NZQA/NSI number (ROL)		Date of birth	

Trainee statement of authenticity			
I hereby state that the evidence submitted for assessment is my own work.			
Signature		Date	

Trainee performance summary (completed by assessor)			
Assessment tasks			
Task One	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit	
Reassessment	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit	

Comments/feedback to trainee			

Assessment result (completed by assessor)	
I have assessed the trainee and confirm:	
<input type="checkbox"/> The requirements have been met to demonstrate competency in 23923 V1.	
<input type="checkbox"/> Further evidence is required to demonstrate competency.	
Name	Assessor number
Signed	Date

On completion of the unit standard one copy of this assessment record sheet must be given to the trainee for his/her records and another copy sent to Careerforce so the credit can be registered on the NQF.

Quality Assurance Manager
Careerforce Ltd
PO Box 25 255
Christchurch 8144

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Feedback form

Please help us to improve our trainee assessment portfolio.

Careerforce is always keen to review its materials to improve the quality of the learning experience. You can help us by telling us what you think of this assessment portfolio and by offering suggestions on ways it can be improved.

When you have answered the questions, please send this page to:

Quality Assurance Manager
Careerforce Ltd.
www.cssito.org.nz
PO Box 25 255
Christchurch
Fax (03) 371 9285

What I liked most about the portfolio and why?

What I liked least about the portfolio and why?

Please give your rating of the following topics by ticking the relevant yes, no, or maybe boxes.

Topics or aspects of the content of this document	Yes	Maybe	No
Assessment record sheet is useful.			
Assessment questions are easy to understand.			
Verification tasks are appropriate.			
The assessment portfolio is well laid out and easy to follow.			

Additional comments

Contact details (optional)

Name	Organisation
Telephone	Email

Quality Assurance Manager
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